


NSAC
9/2/16



PREVENTING Problematic Sexual Behaviors and Perpetration

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Learning Objectives

- Describe “Flipping the Focus”
- Problematic Sexual Behaviors & Perpetration: overlaps and differences
- Identify emerging issues

YOU

- What drew you to this topic?
- How does your work relate to this topic?

Our Personal Journeys Into This Topic

Why Prevention?

We cannot...

- Educate
- Treat
- Arrest
- Or incarcerate our way out

It will take all of that and more

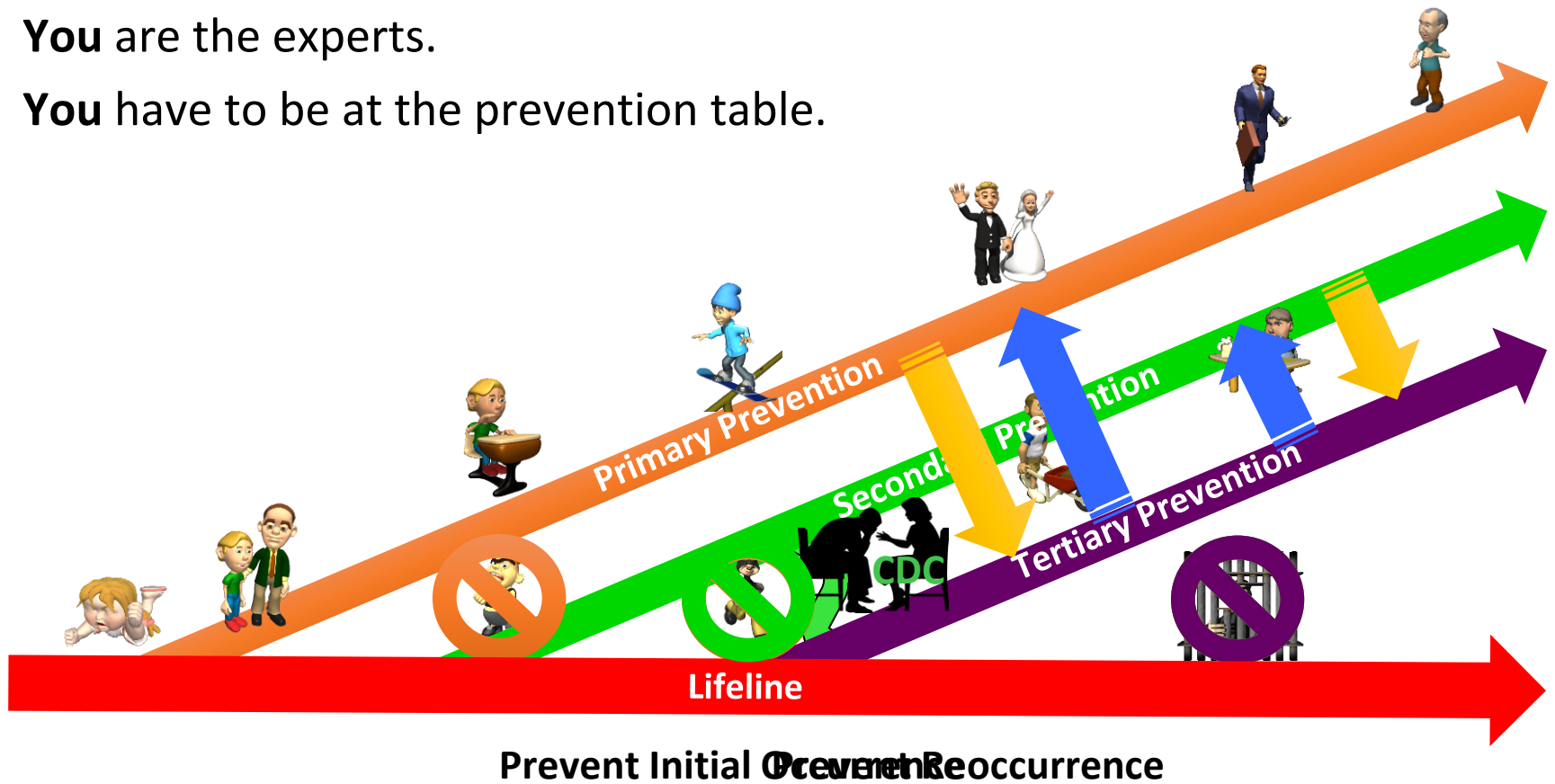
Public Health is...

- Social justice
- Redefining the unacceptable
- Systemic vs Individual
- Making the healthy choice the easy choice
- Research based
- Epidemic vs. Endemic

Types of Prevention

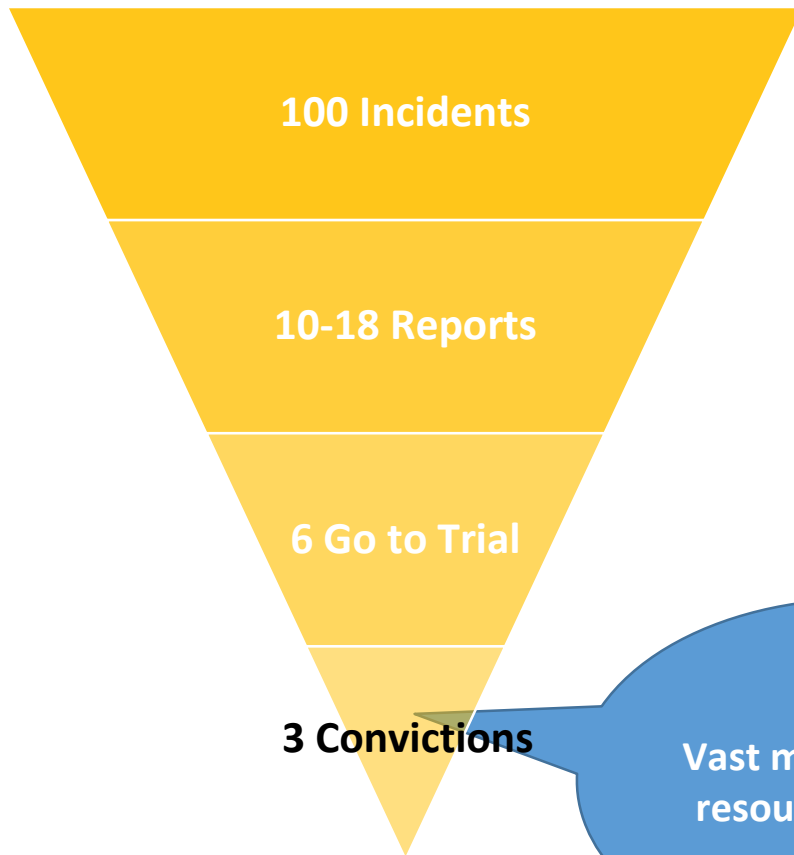
You are the experts.

You have to be at the prevention table.



(Knight, 2015)

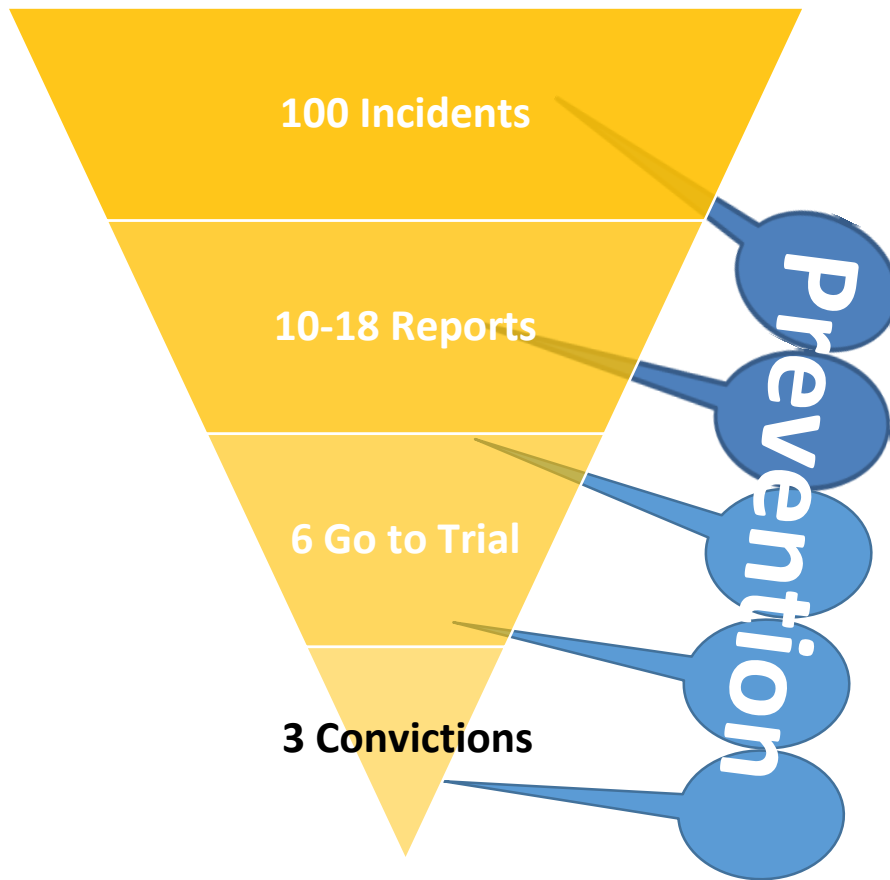
Where Do Our Resources Go?



- **10-18% reported**
(London et al., 2005)
- **6% went to trial**
(Stroud, et al., 2000)
- **3% convicted**
(Abel et al., 1987)

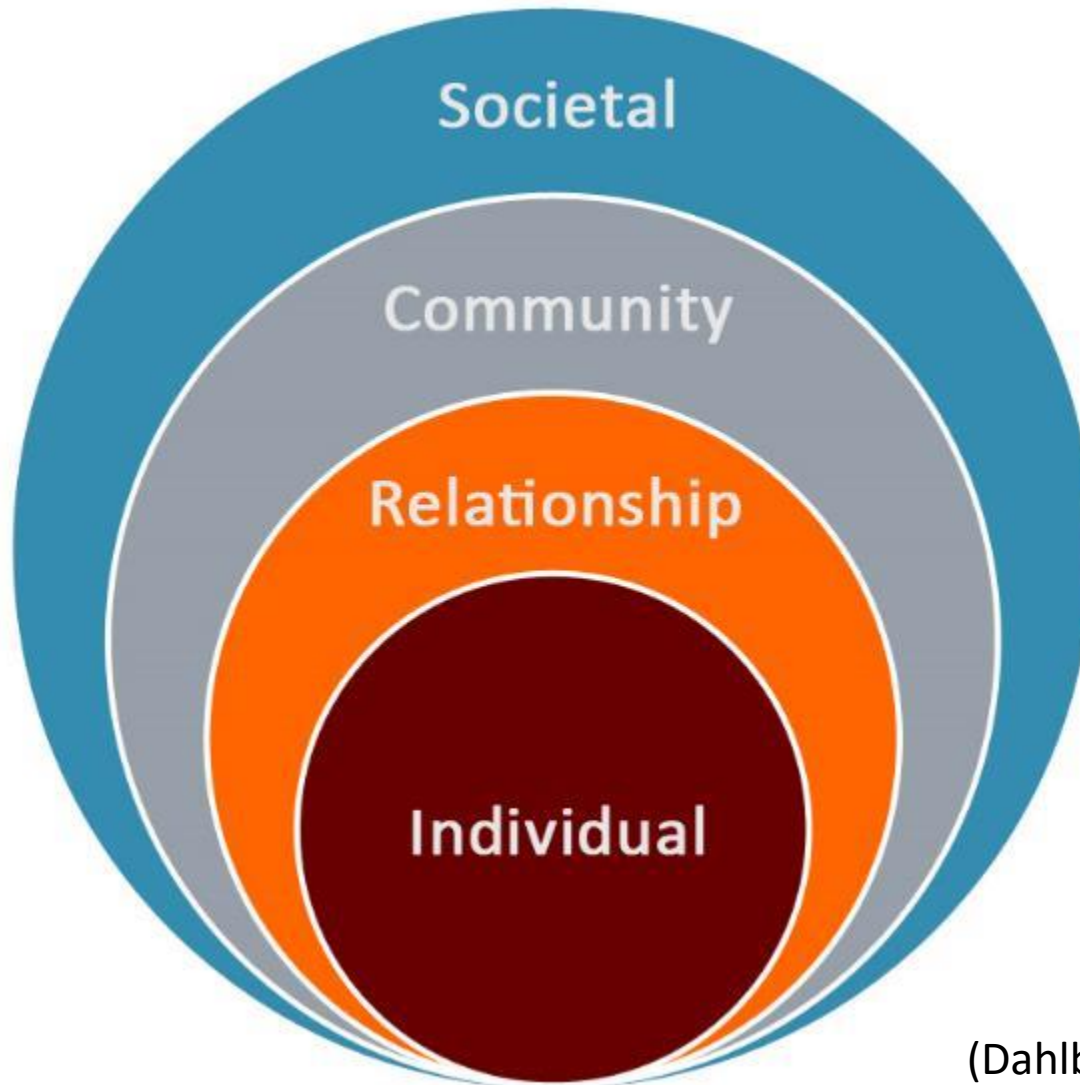
Vast majority of our
resources are here

Prevention Targets the Whole Problem



- 10-18% reported
(London et al., 2005)
- 6% went to trial
(Stroud, et al., 2000)
- 3% convicted
(Abel et al., 1987)

Actions & Strategies In Each Area



(Dahlberg et.al., 2002)

Prevention Matrix

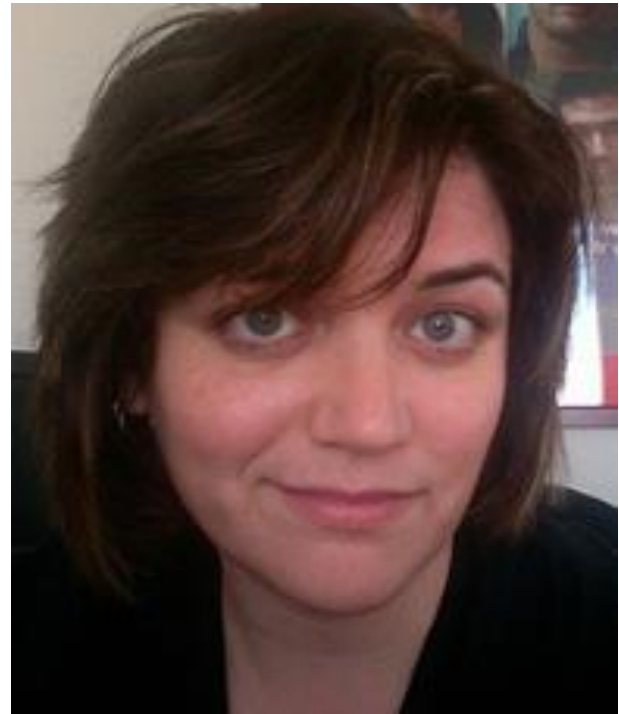
	INDIVIDUAL/RELATIONSHIP	COMMUNITY/SOCIETY
BEFORE	Programs focusing on preventing first time perpetration	New protocols and standards for colleges and youth serving organizations
AFTER	Treatment and management of sex offender	Policies directed towards sex offenders

(Tabachnick et. al., 2016)

People Are Listening

“Policymakers, the media and our communities are talking about sex offenders. They want to know how they can feel safer”

~Suzanne Brown-McBride



Perpetration Prevention

IF we want to stop sexual abuse at its source (for first time perpetration) we need to understand...

- Root causes
- Risk factors
- Protective factors

Considering a Range of Behaviors

- Peer verbal and physical sexual aggression
- Harassment
- Use of child pornography/Child sexual abuse images
- Child sexual abuse
- Child sexual exploitation
- Technology facilitated/Internet
- Adult sexual assault/rape

Perpetration Prevention

“All of the signs were there and no one... no one in my family, not one of my friends, and no one at work ever bothered to ask me about them”

~Sex Offender in Prison

CHILD MOLESTER



How do we use what we know about the range of those who sexually offend to consider what would help with preventing first time perpetration?



5 Things to Know

1. We need to understand those who abuse if want to stop first time perpetration

Who Sexually Abuses Children?

- **93%** of children were abused by someone they knew
- **34%** of children were abused by family members
- **30-50%** of children were abused by peers or older children

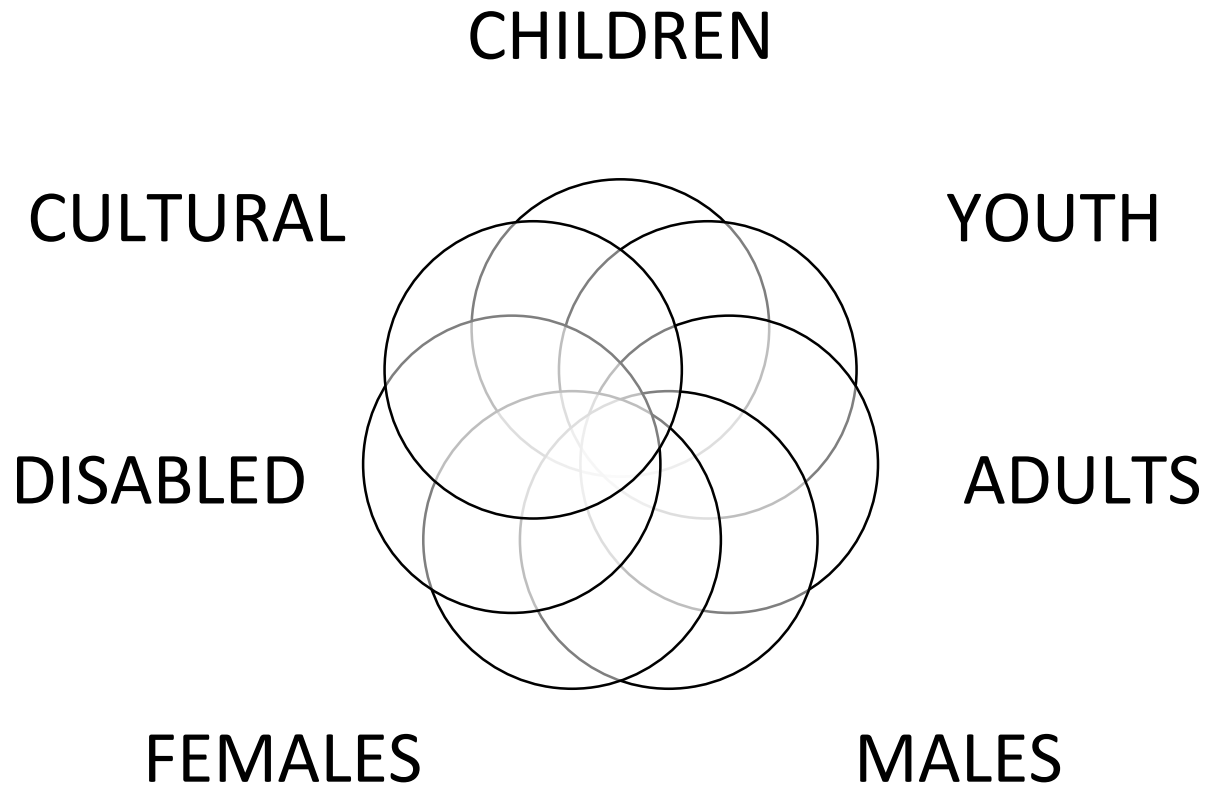
Looking At Those Causing Harm

Of 14-21 year olds
studied, **9%** reported
some type of sexually
abusive behaviors

5 Things to Know

2. Not all people who
abuse are the same

Many Different People Sexually Abuse Or Are At Risk To Abuse



5 Things to Know

3. Children and adolescents are still developing and can learn to live healthy productive lives.

Developmentally Expected

Educate ourselves about how to distinguish *developmentally expected* sexual behaviors in children from those that might indicate a *potential problem*

5 Things to Know

4. There are
resources
out there!

Information Now Available About Those Who Abuse

- ATSA
- Center for Sex Offender Management
- National Center on Sexual Behaviors in Youth
- NEARI Press
- Safer Society
- SMART Office (SOMAPI Report)

5 Things to Know

5. Sexual violence
is preventable

Prevalence of Sexual Violence

“**26.6%** of girls and **5.1%** of boys were sexually abused before the age of 18...”

Prevalence of Victimization

20% of U.S. College Women Are Victims of Attempted or Actual Sexual Assault



Source: U.S. Justice Department

Prevalence of Perpetration

Approximately **10-15%**
of male college students
report that they have
perpetrated sexual assault
during the past year

Significant Controversy...

- **Serial Rapist**

(Lisack, et al., 2002)

- **Developmental Trajectories**

(Swartout et al., 2015)



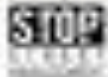
Implications Of This Shift

**IF IT'S UNWANTED,
IT'S HARASSMENT.**

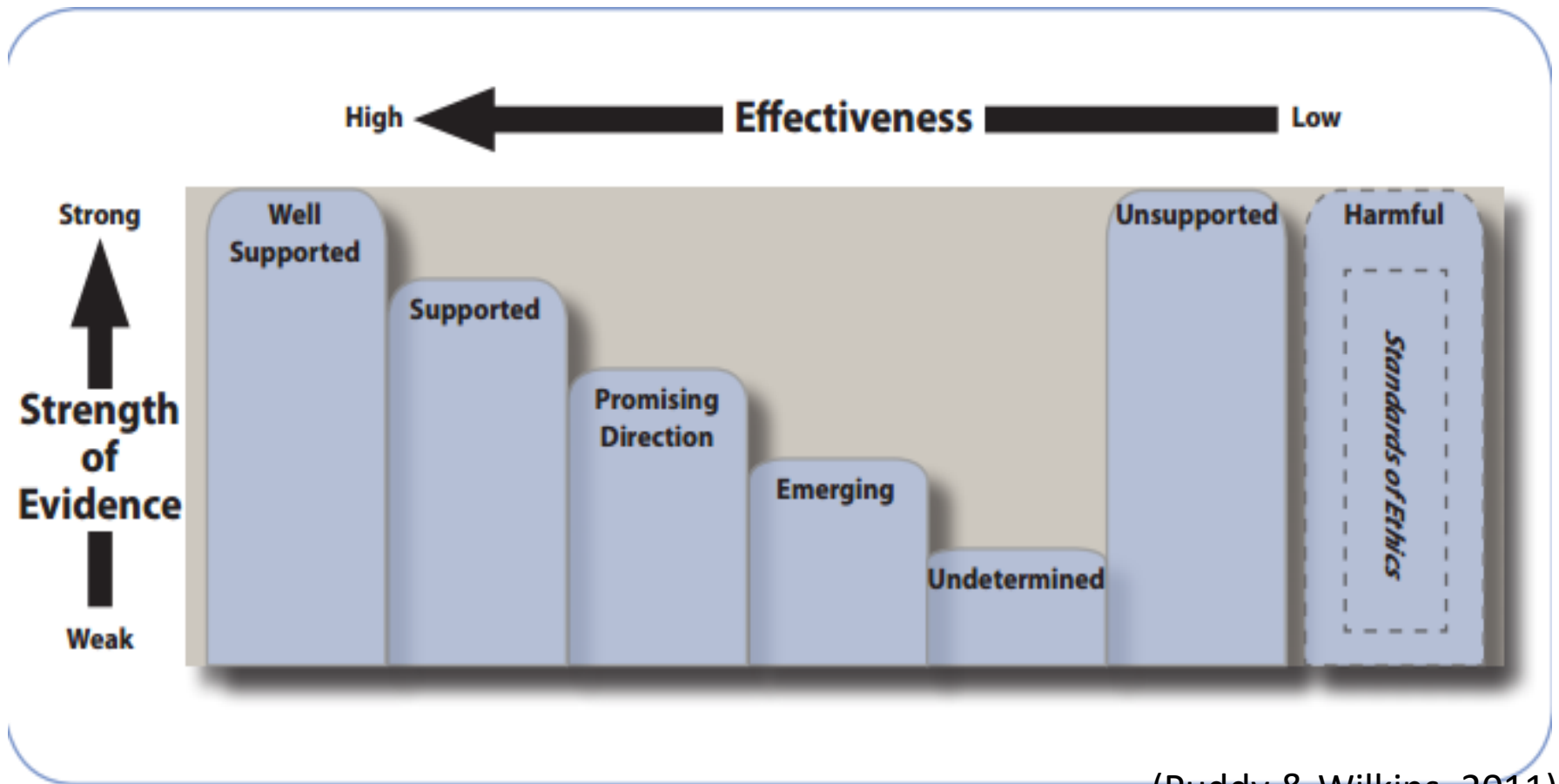


You have the right to be safe walking, for and riding Metro. You don't have to put up with inappropriate comments, touching, gestures, or actions. Help Metro protect you and other riders. Together, Metro, our partners, and you can stop harassment. If you experience or witness harassment, report it to the nearest Metro employee.

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CDC Guide to the Continuum of Evidence of Effectiveness

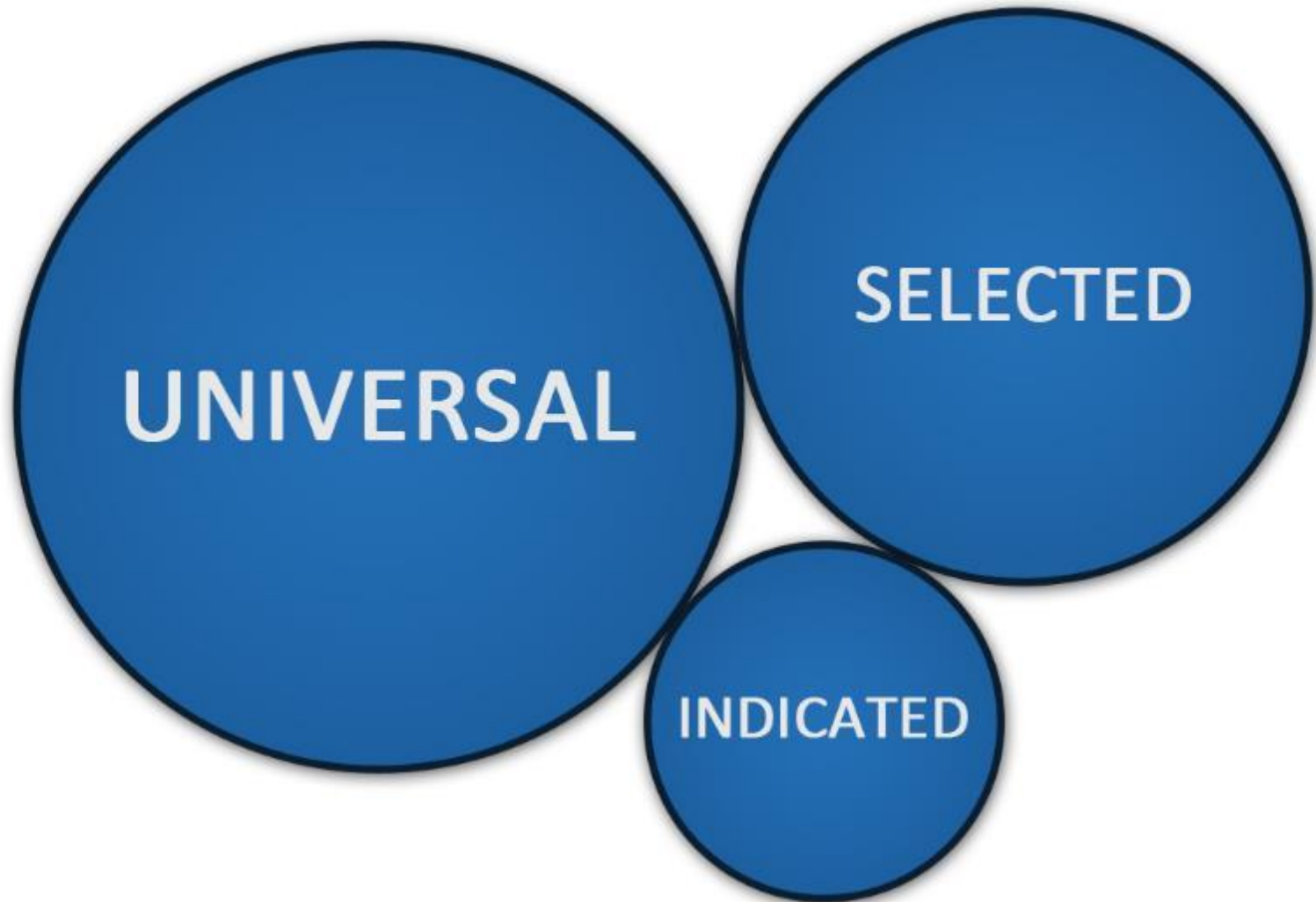


Shining Example

Education Programs

Educational Programs

Consider variation in the audience and impact of:



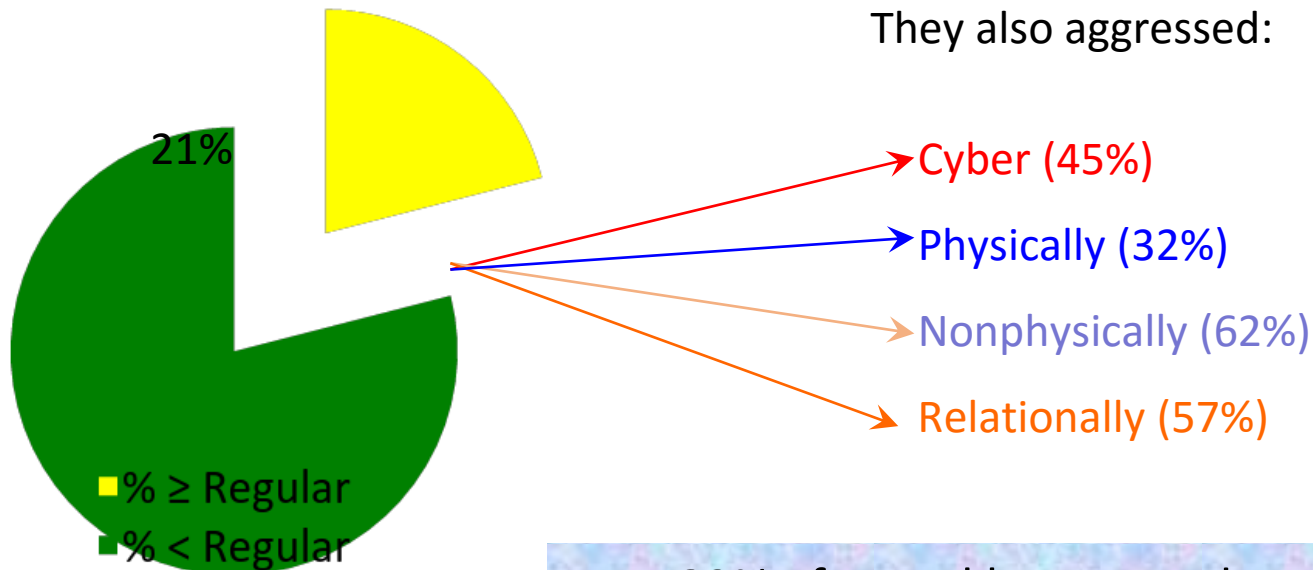
Education Programs: Parenting

- CSAP
- She did what, He said what?
- Healthy Family America
- Children's Trust and Prevention Funds
- Darkness to Light
- Stop It Now!
- Enough Abuse Campaign
- Committee for Children

Sexual Harassment

High School

Aggressor Frequency



89% of sexual harassers do other types

Education Program: Children with Disabilities

- **CAC Chicago**

- ✓ Moved from recognize and report
- ✓ Moved from “we do not serve adults” to understanding cannot serve child w/o it



Education Program: College Campus

- Title IX
- NSVRC: www.nsvrc.org
- STOP IT NOW!
Circles of Safety

Shining Example

Bystander Programs



Kitty Genovese



Bystander Research

Series of Decisions a Bystander Must Make...

- Notice the event
- Consider whether the situation demands action
- Decide if she/he has responsibility to act
- Choose form of assistance she/he should use
- Understand how to implement choice

Bystander Research

Higher Engagement → Increased Number of Reported Interventions

- Repeated exposure
- Multiple channels
- Multiple approaches
- Community ownership

Bystander Programs



Coaching Boys
INTO MEN

Scenario


Samantha, the mother of an 8 year old boy, is concerned about her son's friend (the same age). Recently the morning after a sleepover, while the boys were eating breakfast, Samantha found a handwritten story in her son's room that contained sexual words that an 8 year old child should not know. The story was written in the handwriting of Samantha's son's friend. The boy's mother is expected to pick her son up in two hours.

If you were Samantha, what would you do?

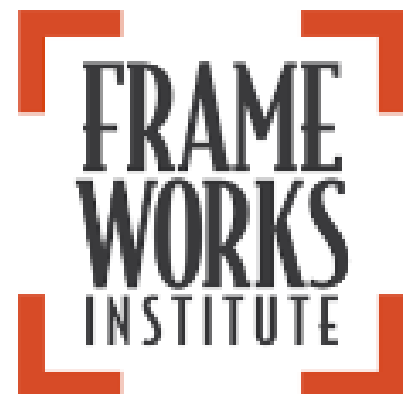
Community and Institutional Change

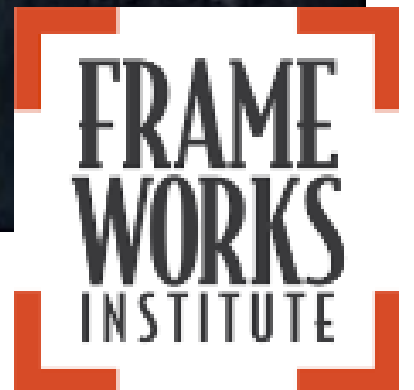
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It is often easier to blame individuals for their choices rather than holding accountable those causing and/or profiting from the harm



Put the responsibility
where it belongs.





Gender Socialization
CSA/SV Frequency
Hyper-Sexualized Media
Lack of Sexual Health Messages

“We live in a sexually
toxic/pornified society”

*“Talking About It”
(Anderson, 2001)*

**We Have Gone From Dr. Seuss
To Porn & We Need To
Transform It To HEALTH**



Child Sex Trafficking

- **Safe Harbor Law**
 - Redefines children as victims rather than delinquents
 - Increases penalties for buyers/exploiters
- **Buyers and Pimps are both child sexual abusers**
 - What prevents buying, selling – demand?
 - What are barriers?
What creates ease of access?

Role of Changing Social Norms in SVP?

"Fostering Healthy Norms to Prevent Violence and Abuse: The Social Norms Approach"

- "Social Norms Toolkit"

Shining Examples

Reaching out to those who sexually abuse

Research for Stopping 1st Time Perpetration

Risk factors are
different than
risk to re-offend

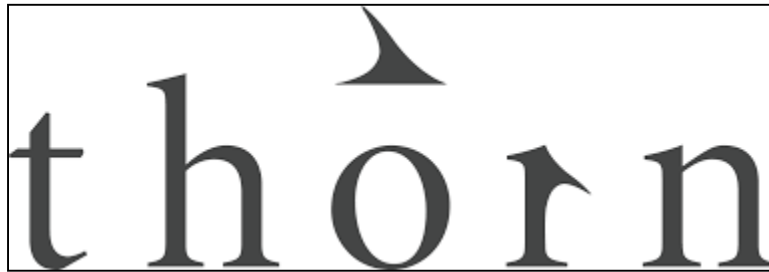
Dunkelfeld



don't
offend.

there is help -
free of charge
and confidential

Promising Programs

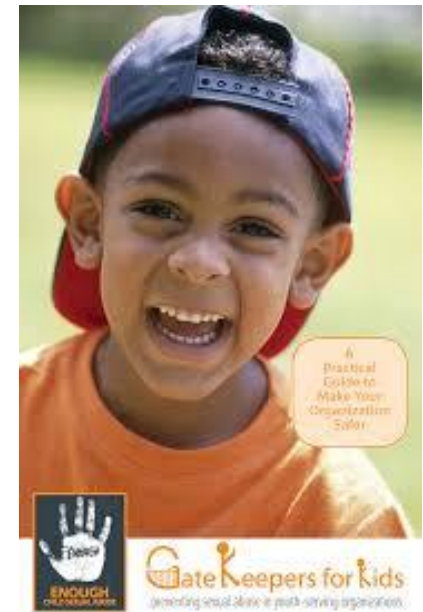


Situational Prevention Research

Research indicating that the use of **structural, environmental, and/or policy strategies** in organizations and communities may reduce sexual violence perpetration

Criminological approach examining situations that increase or decrease risk for crime to be committed

Youth Serving Organizations



BOYS & GIRLS CLUB

SMART Office Grantees

Campus Sexual Assault

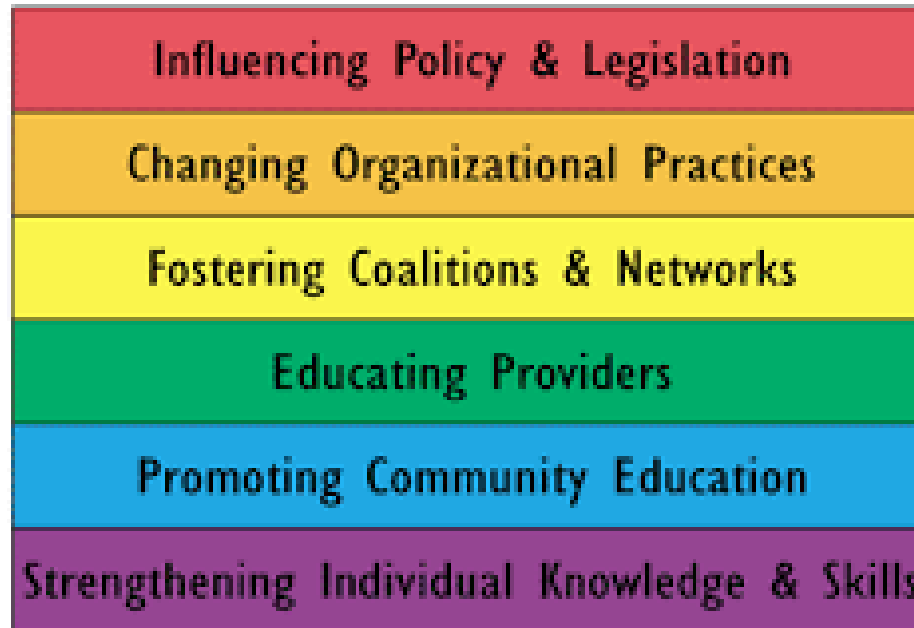
- Center for Sex Offender Management (Dr. Kurt Bumby)
- Portland State University (Dr. Keith Kaufman)



Shining Example

Public Policy Prevention institute

The Spectrum of Prevention



Policy

“If there’s one thing we’ve learned about catalyzing changes that prevent illness in the first place, it’s that **passage of a single policy can be like lighting a match—illuminating** the way towards strategies with greater impact and igniting the energy of leaders.”

~Larry Cohen & Juliet Sims

Six Pillars for Prevention

1. Youth Serving Organizations
1. Healthy Development
1. Healthy Relationships & Sexuality Education
1. End Demand
1. Sustainable Funds
1. Prevent Initial Perpetration



Six Pillars for Prevention

WHY WE NEED STRONGER PREVENTION POLICIES

There are times when the future health of our nation require that we come together to look at what is possible for every child in our country, and times such as these require action from policy and community leaders. Those fighting the health impact of tobacco learned they needed policy changes to hold the tobacco industry accountable and to make it more difficult for people to harm themselves and children through smoking. Policy changes made it easier for people to make healthier choices and helped change social norms related to smoking. Similarly, a wide range of policies are needed to make sexual victimization of children far less likely and to influence social norms toward prioritizing prevention of sexual abuse and exploitation of children.

INTRODUCTION

When most people think about policies that might help end the sexual victimization of children they tend to focus either on educating children to protect themselves, reporting after a child has been sexually abused, or implementing policies to help manage those who have already committed sex offenses. The Prevention Coalition developed Six Pillars of Prevention to articulate important elements of a comprehensive policy agenda and to focus attention on ending child sexual abuse **before** a child is harmed. There is consensus that no one policy can do it all.

One tempting approach to social change is to identify one major overarching policy that will make a significant impact. While appealing, it is often difficult to find one strategy that will address such a problem as diverse and complex as child sexual victimization. An alternative approach, referred to as Gulliver's Strategy, is to identify numerous smaller impact policies in a variety of related areas that basically nip away at the giant problem until it topples. Strategically speaking, the Prevention Coalition is proposing that a multi-systemic problem such as child sexual abuse and exploitation requires multiple strategies and policies. Clearly, the Prevention Coalition will not be able to champion all such efforts and differing pillars have varying relevance or priority for each member program.

Today's children and youth have never known a world that is not filled with technology. Since technology is now an integral part of all our daily lives, its impact is integrated within each of the pillars rather than separating it out as a pillar of its own. Therefore, all of the policies included will consider the impact of these technologies on healthy and problematic sexual behaviors.



Key Developments: Brain

Greatest Unregulated Social Experiment Ever

“The early and pervasive exposure to Internet pornography among children and youth is the largest **unregulated** social experiment I’m aware of. We don’t know what the effects will be.”

~Michael Seto



Key Developments: Technology

Key Developments: Technology

- Technology has significantly changed the game with child sexual abuse. Law enforcement, Thorn talked to was feeling the change.
- Further, with child sexual abuse images, or exploitation through technology facilitated abuse there is additional trauma for survivors

Key Developments: Media

Case-by-Case

News Coverage of Child Sexual Abuse

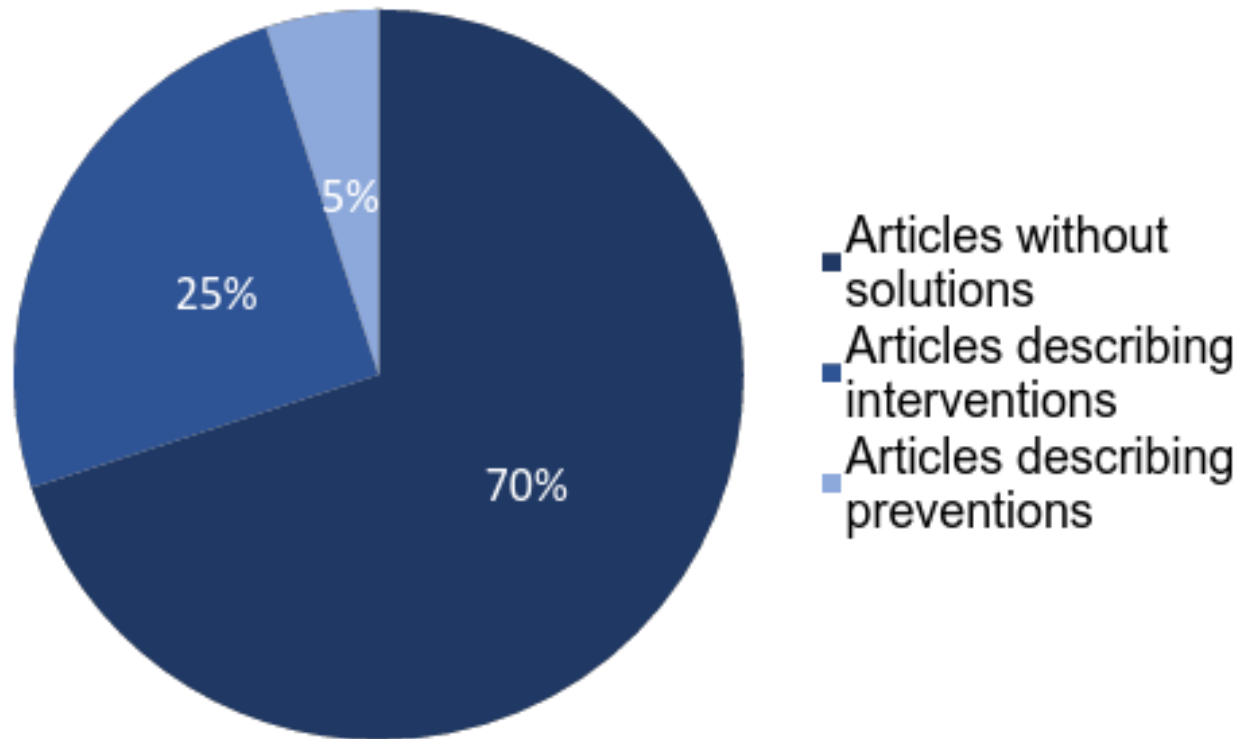
Newspaper sample of routine coverage

Major findings

- Infrequent coverage
- Focus on specific cases and criminal justice



Results: Prevention is Virtually Invisible



**Key Developments:
Comprehensive Sexuality
Education**

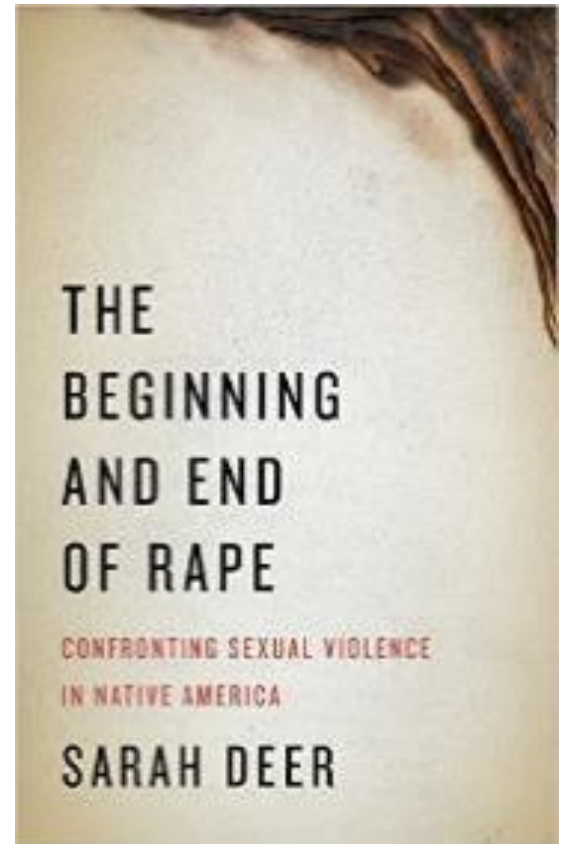
Where Do You Want To End Up?

If you want to be a basketball player when you grow up – do you attempt to get there by skateboarding 8 hours a day?



Key Developments: Cultural Innovations

- **Walking in Balance**, based on Native principles, Strong Oak Levabre BEAR
- **Impact Justice:** Nuri Nusrat, Sujatha Baliga
- **The Beginning and End of Rape:** Sarah Deer



Key Developments: Movement Building

- Civil Rights, Women's Movement, LGBTQ
- Black Lives Matter
- HIV/AIDS
- MAAD
- Marriage Equity

*** National Sexual Assault Conferences/Victim Advocates

*** Just Beginnings Collaborative/CSA

Key Developments: Collaborations

- Task Forces (Variations from Erin's Law)
 - ✓ Massachusetts
 - ✓ North Carolina
 - ✓ Arizona
 - ✓ Alabama
- ✓ ATSA Members role
 - Pages Matam—Spoken Word Artist
 - <http://www.youtube.com/watch?v=zgQRkHcEyq8>

Do Not Get Stuck Without a Prevention Story

**What are YOUR Key
Messages/Take Aways?**

Who Has Inspired You?

What actions are you willing to take?

Thank You

- Fay Honey Knopp
- Gail Ryan
- Alisa Klein
- Steve Bengis
- David Prescott
- Kurt Bumby
- Keith Kaufman
- Laurie Guidry
- Gail Dines
- Jan Hindman
- Friends, strangers and colleagues who have shared their stories with us

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